

# 2018 Programs

## United Way Tools for School



The LDFB, in partnership with United Way is the collection / distribution centre for the Tools for School program (TFS).

We work closely with local school divisions and all regional agencies. Families can register with the LDFB starting in May and receive TFS kits through September. School supply donations can be made to the LDFB any time of the year.

**250 Students supported.**

**120 Families helped.**

**\$25,500**



**Sponsors:** Air Canada Foundation, Leduc Optimists Club, Costco (EIA)

## Snack Attack

The LDFB Snack Attack Program is a program designed to address the increasing need for snacks in our schools for children and youth who come to school hungry. The program will ensure the school districts have access to healthy snacks at school to support their students' success in education.

**36688 Snacks**

**\$18,839.08**

**Sponsors:** Beaumont Columbus Alberta Assoc, Cargill Ltd, Meal Share, Karma Concerts Foundation



## Bread Basket

Clients can register to receive a bread basket in between food hampers. Clients are contacted and given a time to pick up their basket. A basket can consist of bread, buns, pastries, as well as a variety of any extra fruit, vegetables and dairy when available.

This program gives clients the flexibility of accessing a bread basket in between pay cheques rather than a full monthly hamper.



## Leduc Regional Community Connections Centre (LRCCC)

### Kitchen Learning Centre (KLC)

**In 2018, 288 participants**

**made 4,258 meals**

**This is equivalent to 11,549 lbs or \$34,647**

Located at the Gaetz Centre, this program is designed to work directly with LDFB clients, youth and low-income individuals who learn ways to:

- Prepare quick, easy, healthy, affordable meals using food hamper items
- Expand awareness of a broad range of foods and ways to prepare them
- Learn strategies to stretch their food dollar, food safety and nutritional food knowledge

Participants reported that they increased their knowledge regarding cooking nutritional food, food safety, budgeting, food rescue, as well as strengthening their confidence and self-esteem, expanding their social network, help build natural supports into their lives, and increased Mental Health stability.

**Participating Agencies:** LDFB clients; Alberta Mental Health; Skills (brain injury); Leduc County FCSS programs: [Bridges FASD Mentors Program (adults with Fetal Alcohol), Early Childhood, Family Connections]; Leduc Regional Housing Foundation; Leduc Boys and Girls Club; Black Gold School Division; Alberta Public Health Services, Child Services, etc.

**Sponsors:** Warren Gaetz Family, John Deere Foundation, United Way Community Investment, Beaumont Lions Club, Oilers Foundation, SEARIC (Society for the Education and Assistance of Rural Indian Children), Frank J. Flaman Foundation, L & T Mix, Sand & Gravel, Mixcor Aggregates Inc, Melcor Development, Second Glance, Centre Hope Foundation, Henny Ohlmann, Government of Alberta.

### Life Skills Learning Centre

**348 participants**

Following the concept that the KLC was able to identify, mainly life skills are a huge factor in being able to help individuals move forward. In May 2018, a part-time position was developed to create a collaborative or coordinated service delivery to identify and close the gaps between agencies, their clients and low-income individuals. A multi-agency approach is the goal of the centre and has been proactive in fostering partnerships.

Participants reported that they increased their knowledge regarding employment and employabilities, strengthened their confidence and self-esteem, expanded their social network, built natural supports into their lives, and increased Mental Health stability.

Some of the programs developed included:

- **Skills Within the Employment Field** (resume, mock job interviews, etiquette, etc.). This was a partnership started with Old Navy/Gap management team from the EIA Premium Outlet Mall.
- **Yoga**, developed for clients struggling extreme anxiety.
- **Finances and Money Management**
- **Flu Shot Clinics**
- **Friday Afternoon Men's Connect Group**
- **Youth Autism Friday Night Social**
- **Santa Store**



LDFB

# 2018 Statistics

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## Leduc & District Food Bank Family Usage - 2018

	BEAUMONT	CALMAR	DEVON	LEDUC	THORSBY	WARBURG	LEDUC COUNTY	NEW SAREPTA	BREAD BASKET PROGRAM**	TOTALS
Total Families	64	32	75	446	33	14	75	11	-	750
Total Hampers Accessed	126	71	124	859	64	20	132	26	974 †	2396
Adults - Unique*	115	53	112	706	52	21	140	14	-	1213
Children - Unique*	118	30	77	472	32	12	66	16	-	823
LBS Distributed Per Area	38,175	17,384	29,310	193,651	13,266	3341	28,026	6045	43,738	372,936
Approx \$ Amount Distributed Per Area	99,255.00	45,198.40	76,206.00	503,492.60	34,491.60	8686.60	72,867.60	15,717.00	113,718.80	969,633.60

Count of adults and children with multiple hamper usage:

Adults

2428

Children

1673

### Christmas Hampers distributed in 2018:

149 (Leduc Santa's Helpers), 92 (Leduc Food Bank), and 198 (County Elves Programs)

**TOTAL: 439**

\* Unique - represents a family or person counted once regardless of how many times they use the service.

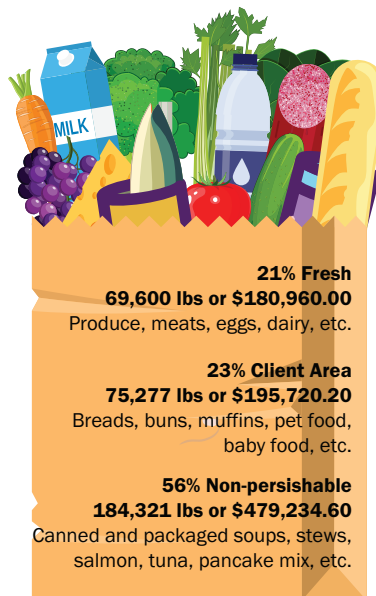
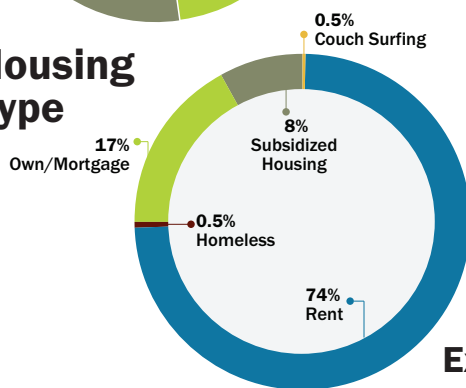
\*\* The Bread Basket - Unique Clients: 182 in 2018. Clients can register to receive a bread hamper in between or instead of a regular hamper that contains extra items when available (fruit, vegetables, dairy, potatoes, etc.)

† Clients with multiple usage.

### Primary Source of Client Income



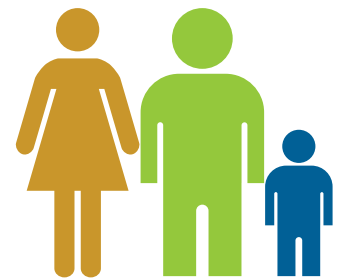
### Housing Type



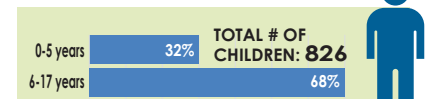
### Hamper Family Usage

750 families received a hamper in 2018

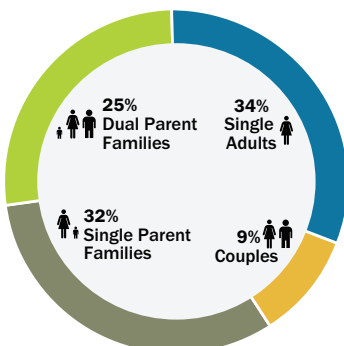
398 Families x 1 hamper  
 174 Families x 2 hampers  
 88 Families x 3 hampers  
 57 Families x 4 hampers  
 10 Families x 5 hampers  
 14 Families x 5+ hampers



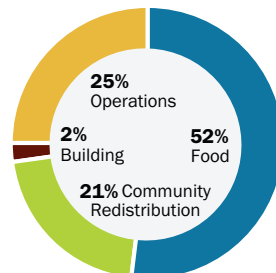
Over 86% of the families receiving hampers only needed support 3 times.



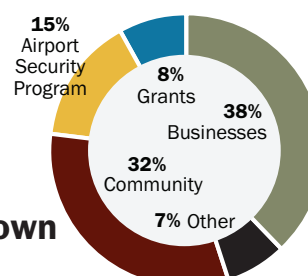
### Household Composition



### Expense Breakdown



### Donation Breakdown



### 2018 Total Pounds

#### Received & Value

686,270 lbs  
 \$1,784,302



#### Distributed & Value

Approximately  
**372,936 lbs in hampers**  
 (including the 47,738 lbs for the Bread Basket Program)  
**\$969,633.60**  
 This is equal to  
**31,000 lbs**  
 or 15.50 tons per month